



COURSE HOURS: 40

RECOMMENDED PRE-REQUISITE(S): RN OR RPN – current CNO Registration and CED1034 – Footcare: Basic

CO-REQUISITES: n/a

APPROVED FOR USE IN ACADEMIC SEMESTERS: 2010/2011

COURSE DESCRIPTION:

RN or RPN, certificate of completion Advanced nursing foot care, current CNO certificate of registration, professional insurance in the amount of \$3 million liability/malpractice (obtained through your nursing association).

Course of study: 40 hours includes 8 hours of class room theory and 32 hours of clinical practice. There are assigned readings, a research assignment and an exam. Following registration, the teacher will contact you to arrange workshop dates and times.

COURSE DELIVERY:

The course content may be presented through a blend of instructional methods, including lecture, Internet, discussion, independent study, audio/video conferencing and videotape.

RATIONALE:

Opportunities for additional knowledge and the practical application of concepts and skills of basic footcare in a simulated and actual client setting is essential preparation for the RN and RPN to function within the scope of practice as defined in the Regulated Health Professions Act.

LEARNING OBJECTIVES/OUTCOMES:

1. Assessment
Potential Elements of the Performance: assess the foot with complications and deviations from the norm and establish and set appropriate foot care goals for /with individuals
2. Ram's Horn
Potential Elements of the Performance: describe and demonstrate the correct management of a Ram's Horn nail
3. Ingrown Nail
Potential Elements of the Performance: describe and demonstrate the reduction and packing of an ingrown nail
4. Use of Corrective Products

Potential Elements of the Performance: describe and demonstrate the application of corrective products for the temporary relief of conditions such as overlapping digits, inter-digital corns, hallux valgus, warts and calluses

5. Use of Dremel Drill and Diamond Burrs

Potential Elements of the Performance: describe and demonstrate the non-invasive use of the dremel drill and a variety of diamond burrs including: pear, bud, small olive, short and umbrella in the management of soft tissue pathologies and on nails that deviate from the norm

6. Use of Credo Callus Cutter

Potential Elements of the Performance: describe and demonstrate the non-invasive use of a credo callus cutter for conditions which include warts, calluses and corns:

- Demonstrate an understanding of an in-depth assessment for the purpose of corrective health education and the development of a Nursing Care Plan
- Recognize and work within the scope of nursing practice as set by the College of Nurses of Ontario
- Provide first aid management/care for injuries to the foot/feet
- Provide health teaching to the client regarding advanced foot care, treatment of existing conditions and prevention of complications

TOPICS

- Anatomy and physiology of the feet and lower legs, review
- Disease processes and conditions affecting the foot: arthritis, diabetes, peripheral vascular disease and others
- Soft tissue pathology review
- Nail pathology and deviations from the norm review and continuation
- Basic principles and applications of pre-fab paddings for temporary correction/relief of advanced foot problems
- Principles of using a dremel drill and appropriate burrs for non-invasive advanced foot care
- Principles of using s credo callus cutter in advanced foot care
- Lab practice
- Clinical practice

REQUIRED COURSE MATERIAL: (to be purchased by the learner)

Lazenby, Cindy (2008). Nursing foot care Management Manual: Basic, Advanced & Diabetic

Hand Outs: work sheets, reading assignments – supplied by the instructor)

CNO Practice Standard: Infection Prevention and Control and Documentation. Download from:
<http://www.cno.org/docs/prac/41002/41001documentation.pdf>

STUDENT EVALUATION:

Evaluation of learning is guided by the learning outcomes and arrived at conjointly through student/teacher interactions.

Students will:

- Successfully complete a take home exam and achieve a mark of 80%
- Demonstrate proficiency of skill at the advanced level in lab and clinical applications
- Meet the requirement for mandatory attendance (40 hours)

At the end of the course the student will receive a final report noting his/her progress in relation to the learning outcomes. Upon completion of all course requirements the student will receive a certificate of completion.

At the end of the semester, the student can access their final grade on their student portal at my.saultcollege.ca. The student's progress will be recorded using the following grades.

S - Satisfactory achievement in field /clinical placement or non-graded subject area.

U - Unsatisfactory achievement in field/clinical placement or non-graded subject area

Teaching Contact Juanita Wood Arbus
 Monique Lafreniere

Academic Manager
Signature "Laurie Poirier"

NOTICE TO ALL STUDENTS: We urge you to retain this course outline for future reference. There is a charge for additional copies.